

CRAVINS CATERING

One Medical Center Dr. Lebanon, NH 03756 | 603-650-2015

Cravins.org | Cravins@Jakesmarket.com

BREAKFAST

Breakfast Sandwiches- \$4.99

Sausage, Bacon, Ham, or No Meat. Served on English Muffins with Egg and Cheese.

Gluten Free or Bagels available at no upcharge

Let us know if you want to choose your sandwiches or let us choose the variety for you

Breakfast Burrito –\$6.99

Scrambled eggs, sausage, bacon, onion, peppers, and cheddar cheese in a toasted tortilla wrap

No meat – we can do that also

Yogurt / Parfaits

Chobani Greek Fruit Yogurt or Green Mountain Plain Sugar Free - \$3.49

Yoplait Fruit- \$1.59

Fruit and Yogurt Granola Parfait - \$4.99

Bakery

Muffins - \$3.49 Assorted and Gluten free available

Bagels - \$3.49 Assorted - Includes plain cream cheese

Pastries - \$3.49 Assorted

Granola Bars – Choice of Nature Valley (Gluten Free) \$1.99, Kind Bars \$3.29 (Gluten Free)

APPS/SOUP/CHIPS/SNACK PACKS

Grape and Cheese Cracker Platter - \$52 (serves 10-12 ppl)

Assorted Cheeses and Crackers with Grapes

Vegetable Platter (serves 10-12 ppl)

Assorted Fresh Cut Vegetables with Hummus - \$52 With Ranch - \$52

Extra dip or hummus \$5 Soup - \$5.95 (10oz single serving)

Ask for what we have for offerings this week.

Chips - \$2.25

Variety of Individual Bags of Chips (assorted Dirty or Uglies brand)

Individual Snack Packs (served with cheese and crackers)

Cranberry Walnut Snack Pack - \$6.99

Buffalo Chicken Snack Pack - \$6.99

Tuna Salad Snack Pack - \$6.99

Pepperoni and Grape Snack Pack - \$6.99

Egg Salad Snack Pack - \$5.99

SANDWICHES

Sandwich / Wrap / Bulky / Ciabatta - \$8.95 (White, Wheat, Rye, Bulky, Ciabatta Roll)

Choose From- Turkey and Cheese / Ham and Swiss / Cranberry Walnut Chicken Salad / Fresh Mozzarella with Tomato, Pesto, and Balsamic Glaze / Egg Salad / Buffalo Chicken and Blue Cheese / Tuna / Veggie / Chicken Salad / Pastrami and Cheese

Sub - \$9.99

Let us know if you want to choose your own sandwiches or want us to choose for you

Sandwiches will be cut and put on a platter unless specified otherwise.

Individual Wrapped Sandwiches \$1 per sandwich.

Make it a box lunch -

(sandwich, chips, and a cookie all placed in a picnic box and individually labeled- \$15.99)

SALADS

Individually Packaged Green Salads- \$9.99

Chef - Turkey, Ham, Cheese, Tomato, Cucumbers, and Carrots

Chicken Caesar - Diced Grilled Chicken, Asiago Cheese, Chopped Romain, Caesar dressings and Croutons

Cranberry Walnut Chicken Salad -Cranberry Walnut Chicken Salad, Tomato, Cucumber, Carrots, Shredded Cheese and Chopped Romain

Buffalo Chicken Salad - Buffalo Chicken Strips, Tomato, Cucumber, Carrots, Shredded Cheese

Garden Salad - Chopped Romain with Tomato, Carrot, Cucumber, and Broccoli

Caesar Salad - Chopped Romain with Asiago Cheese, Croutons, and Caesar Dressing

Fresh Mozzarella Salad - Chopped Romain with Fresh Mozzarella, Tomato, and Pesto

Cobb – Chopped Romain with Hard Boiled Eggs, Tomato, Cucumber, Chicken, Bacon, Cheddar Cheese, Shredded Carrot

Bowl Garden Salad – (10-12pp) \$30

Pasta Salads

Italian Pepperoni Pasta Salad – Italian Seasoned Fresh Cut Veggies, Pepperoni, Tossed with Pasta

Small - \$5.99 (serves 1-3)

Large - \$39 (serves 10-12)

Italian Pasta Salad – Italian Seasoned Fresh Cut Veggies Tossed with Pasta

Small - \$5.99 (serves 1-3)

Large - \$39 (serves 10-12)

Chicken Caesar Pasta – Chicken, Caesar Dressing, Pasta, Fresh Cut Veggies Tossed with Pasta

Small - \$5.99 (serves 1-3)

Large - \$39 (serves 10-12)

Fruit Salads – Seasonal mixed fruits

Small -\$4.99 (serves 1-3)

Large- \$64 (serves 10-12 ppl)

SWEET FINISHES

Sweet Finishes

Cookies - \$1.50

Brownies - \$2.35

BEVERAGES

Small Fresh Brewed Coffee - \$24 (Serves 10-12 ppl) – Decaf Available

Flavored Small - \$24 (Serves 10-12 ppl) French van / hazelnut / seasonal

Medium Fresh Brewed Coffee - \$48 (Serves 20-25 ppl)

Hot Tea - \$24 (Serves 10-12 ppl) – Variety of different flavors (Bigelow, Rishi, Steep)

Bottled Water - \$1.50

Soda - \$1.25 -12oz can

Seltzer Water - \$2.99

Iced Tea - \$2.99 Mix of plain and lemon iced teas

Lemonade - \$2.99

Milk

McNamara - \$1.00 8oz (Chocolate, White, No Fat, Low Fat)

Hood - \$1.59 (White, Low Fat, Chocolate, Chocolate Low Fat, Coffee)

Juice - \$3.19 – Orange, Apple, Cranberry

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- *All Coffee and Tea Include Cups, Sweeteners, Milk, Creamer, and Stirrers*
 - *All Menu Items come with appropriate plates, silverware, condiments*
 - *Minimum \$50 order per delivery – or add \$10 service fee.*
 - *10% fee may be added to orders with less than a 48hr notice. Please call to confirm.*
 - *Prices subject to change without notice*

****Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness***